




**SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-August 2023**  
**GATHER & DINE/HOME DELIVERED MEALS 518-363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Peach Glazed Chicken White Rice Vegetable Trio WW Dinner Roll Shortbread Cookies	<b>2</b> Pasta Alla Norma Italian Meatballs in Sauce Spinach Mandarin Oranges	<b>3</b> Turkey Meatloaf w/ Mushroom Gravy Garlic Mashed Potatoes Green Beans Fresh Peach	<b>4</b> Beef Goulash Mexican Corn Warm Berry Crisp
<b>7</b> Chicken Alfredo Buttered Pasta Peas & Carrots WW Dinner Roll Mandarin Oranges	<b>8</b> Pork Loin w/Fiesta Sauce Oven Roasted Potatoes Broccoli Pears	<b>9</b> Breaded Fish Tartar Sauce Macaroni & Cheese Zucchini & Tomatoes Tropical Fruit	<b>10</b> Chicken & Sausage Jambalaya Spinach Warm Peach Crisp	<b>11</b> LS Turkey & Swiss on Roll Mayonnaise Macaroni Salad Tomato & Cucumber Salad Banana
<b>14</b> Pulled BBQ Pork on Roll Cabbage Carrots SF Oatmeal Cookies	<b>15</b> Orange Ginger Chicken White Rice Asian Blend Vegetables WW Dinner Roll Yogurt	<b>16</b> Stuffed Shells w/Meat Sauce Vegetable Trio Warm Berry Crisp	<b>17</b> Roast Beef w/Gravy Mashed Potatoes Mixed Vegetables Mandarin Oranges	<b>18</b> Chicken Cacciatore Pasta w/Sauce Wax Beans WW Dinner Roll Fruit Cocktail
<b>21</b> Chicken w/Curry Cream Sauce White Rice Broccoli WW Dinner Roll SF Vanilla Pudding	<b>22</b> Roast Pork w/Gravy Mashed Potatoes Peas Applesauce	<b>23 Birthday Special</b> Hot Dog w/Sauerkraut on Bun Mustard German Potato Salad Green Beans Frosted Cake 	<b>24</b> Chicken A La King Buttered Egg Noodles Carrots WW Dinner Roll Mandarin Oranges	<b>25</b> Meatball Sub Mixed Vegetables Cauliflower Fruit Cocktail
<b>28</b> Italian Sausage w/Peppers & Onions on Roll Home Fries Spinach Fresh Peach	<b>29</b> BBQ Chicken White Rice Vegetable Trio WW Dinner Roll Yogurt	<b>30</b> Breaded Fish w/Dijon Sauce Oven Roasted Potatoes Peas & Carrots Mandarin Oranges	<b>31</b> Beef Enchilada Casserole Yellow Squash Green Beans Corn Muffin Fruit Cocktail	

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**